

NEW

**NORTH
COAST
NATURALs**

All Natural
INGREDIENTS

7 Organic Proteins 1 Amazing Taste

All new Vege PRO-7 has been specially formulated with **7 organic proteins, 1 amazing taste and nothing artificial.**

Athletes of all levels and every member of the family will enjoy this great tasting, 100% organic plant-based protein. Made with **organic rice, hemp, coconut, quinoa, alfalfa, pumpkin and chia.**

AVAILABLE IN TWO AMAZING FLAVOURS: CHOCOLATE & VANILLA

- Low in calories with 20 g of high-quality protein per serving
- Formulated without soy, dairy, gluten or pea
- Mixes easily with water or milk, no blending required
- Low in fat and cholesterol and high in fibre and EFAs



Rice · Hemp · Chia · Quinoa · Alfalfa · Pumpkin · Coconut

10 Reasons to Add Vege PRO-7 To Your Diet:

1. Helps maintain increased energy levels.
2. Helps improve muscle metabolism.
3. Helps empower the immune system.
4. Contains all 9 essential amino acids.
5. 7 vegetarian proteins to help build lean muscle tissue.
6. Specially formulated for easy digestion.
7. Mixes easily with water or your favourite non-dairy milk, no blending required.
8. Naturally rich in vitamins and minerals.
9. Formulated without soy, dairy, gluten or pea.
10. Low in calories with 20 g of high-quality protein per serving



Getting enough protein is always a concern when you're not consuming animal products. **Vege PRO-7** takes out the guesswork and offers a delicious solution for anyone looking to **add more protein to their diet**. We developed **Vege PRO-7** to provide a **clean source of fuel** for those who want to eat vegetarian, avoid common food allergies, or have other dietary restrictions, making it simple to get the nutrition you need on a daily basis, without compromise. Not only that, every time you drink **Vege PRO-7** you'll be amazed at how something so healthy can **taste so good!**

Whether you enjoy it as a pre-yoga snack, in a post-workout shake, in your morning smoothie, or simply whenever you need a convenient **all-natural energy boost**, you'll know you're getting the quality nutrition you need to support your active lifestyle. With **Vege PRO-7** you'll be feeling great, looking great and resting easy knowing you're providing your body with the nutrition it craves, **without any artificial ingredients.**



Vegan athletes or anyone living a healthy and active lifestyle will find **Vege PRO-7** to be a welcome addition to their nutrition and supplement program. With **Vege PRO-7** you can train at intense levels while providing your body with the nutrition it needs to recover. With **20 g of high-quality protein per serving** you know you're getting the nutrition you need to fuel all your favourite activities. **Plus, it's low in fat, cholesterol and sodium, and high in fibre, protein and essential fatty acids.**

Although **Vege PRO-7** tastes amazing just mixed with water, it can also be used to **boost the nutritional profile** of smoothies, baking and other recipes. Both flavours work well to add a subtle, sweet flavour to your favourite recipes. It's highly versatile and can be added to a variety of recipes such as **muffins, homemade protein bars or even mixed into oatmeal.**

AVAILABLE IN TWO AMAZING FLAVOURS:
CHOCOLATE & VANILLA



CHOCOLATE FLAVOUR

Nutrition Facts Valeur nutritive

Per Scoop (30 g) / par mesure (30 g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 110	
Fat / Lipides 1.5 g	2 %
Saturated / saturés 0.5 g + Trans / trans 0 g	3 %
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 10 mg	1 %
Carbohydrate / Glucides 6 g	2 %
Sugar / Sucres 0 g	
Fibre / Fibres 4 g	12 %
Protein / Protéines 20 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	4 %
Iron / Fer	30 %

INGREDIENTS: 7 ORGANIC PROTEINS (ORGANIC, BIO-FERMENTED, SPROUTED WHOLE GRAIN BROWN RICE; ORGANIC PUMPKIN SEED; ORGANIC CANADIAN HEMP SEED PROTEIN; ORGANIC SPROUTED QUINOA; ORGANIC CHIA SEED; ORGANIC COCONUT, ORGANIC ALFALFA); **NO ARTIFICIAL FLAVOURING** (ORGANIC COCOA, NATURAL CHOCOLATE FLAVOUR, COFFEE POWDER, NATURAL WATER EXTRACTED STEVIA ISOLATE (REBAUDIOSIDE-A); GROUND CINNAMON, MONK FRUIT POWDER); **NATURAL THICKENER** (GUAR GUM).

SUGGESTED USE: Mix or shake 1 scoop (30 g) of Vege PRO-7 per 250 mL of water.

Made with 7 Organic Proteins:

- Organic, Bio-Fermented, Sprouted Raw Whole Grain Brown Rice Protein
- Organic Pumpkin Seed Protein
- Organic 100% Canadian Hemp Seed Protein
- Organic Sprouted Quinoa Protein
- Organic Chia Seed Protein
- Organic Alfalfa Protein
- Organic Coconut Protein



Made in Canada from domestic and imported ingredients.

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Port Coquitlam, BC V3C 6N9

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