

whey gourmet

Since 2001 Whey Gourmet® has lead the way as the world's 1st and still best tasting gourmet whey protein shake and now does it without any artificial flavours, artificial colours or artificial sweeteners!

It's nutrition and decadence together at last, all for just 120 calories per serving. Whether you're looking to build lean muscles, tone up, slim down or you're just seeking a healthy addition to your diet, all natural Whey Gourmet is the perfect fit.

20g
PROTEIN*

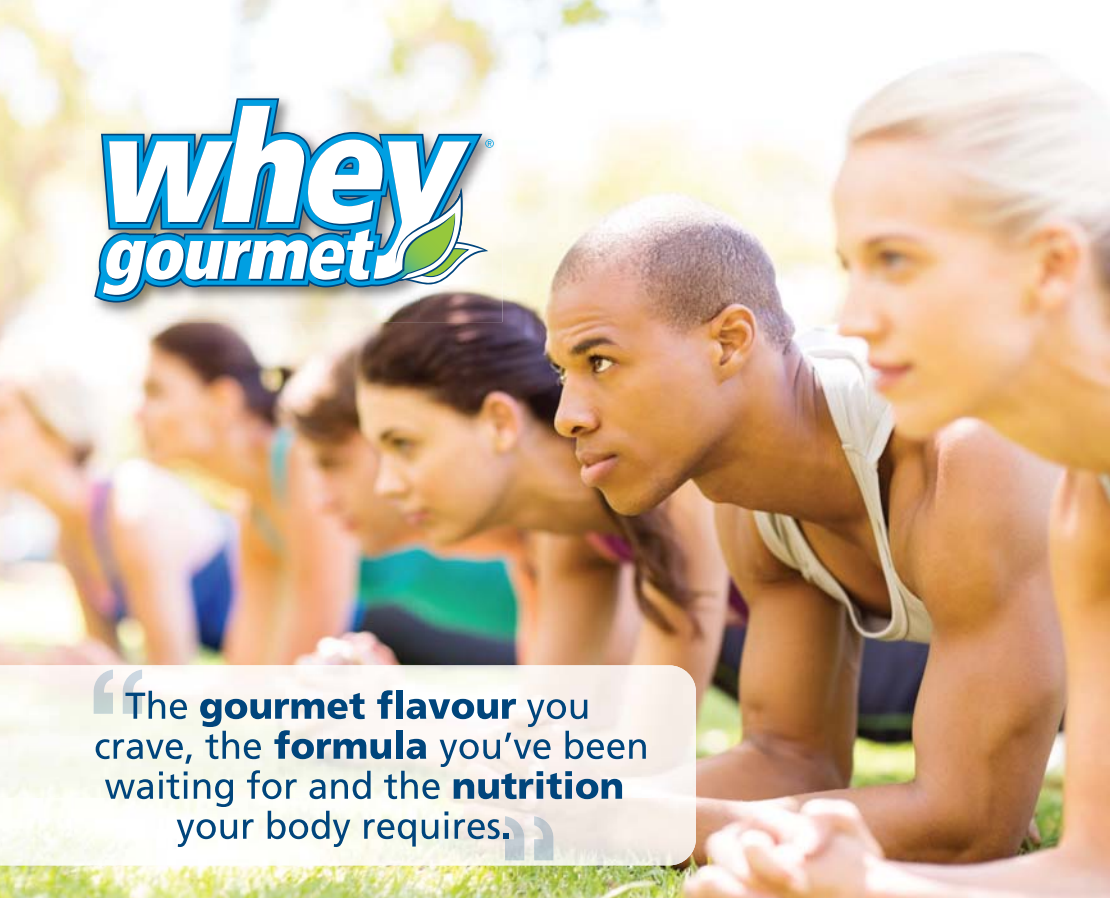
120
CALORIES*

100%
GOURMET

All Natural!



*PER SERVING. *NO ARTIFICIAL FLAVOURS, SWEETENERS OR COLOURS.



“The **gourmet flavour** you crave, the **formula** you’ve been waiting for and the **nutrition** your body requires.”

NEW AND IMPROVED AND STILL THE BEST TASTING!

Whey Gourmet is so incredibly delicious, you'll have no problem sticking to your nutrition plan and reaching your goals. You work hard and deserve a hard working protein shake that actually tastes good! It's the gourmet flavour you crave, the formula you've been waiting for and the nutrition your body requires. Whey Gourmet is a shake you'll actually be excited to drink, plus you'll be invigorated each time by the boost of quality protein needed for muscle repair and recovery. High in calcium, rich in essential amino acids and low in fat and carbohydrates, Whey Gourmet works hard to build lean muscle mass and power your active lifestyle. Not just for athletes, Whey Gourmet is an excellent source of quality protein for the whole family. Now you can easily boost your protein intake knowing you're only getting the best ingredients and nothing artificial.

When you enjoy a Whey Gourmet shake you'll feel like you're indulging in a smooth, creamy dessert but this is a treat you can enjoy without the guilt. Plus at 20 g of protein per serving you won't feel hungry or deprived, but rather energized and ready to tackle your day. Whey Gourmet can power you through an early morning meeting, a busy afternoon with the kids or that evening gym session. The flavour is so delicious simply mixed with water that Whey Gourmet can easily be enjoyed anytime, anywhere. There's no blending required for a smooth, creamy texture that's sure to deliver the flavour you're looking for.

Highly versatile, Whey Gourmet can also be added to fruit smoothies to help you stay fuller longer, allowing you to focus on having a productive day. It can also be used to boost your favourite recipes with a hit of high-quality, lean protein. Whey Gourmet can be added to clean-eating desserts, protein pancakes, oatmeal and many other recipes. It's a key kitchen staple for creating healthier alternatives to your favourite recipes. We're all looking for simple ways to make healthier choices and Whey Gourmet makes that possible by offering nourishment alongside amazing gourmet flavours.

Whey Gourmet will delight your taste buds and nourish your body with 20 g of quality protein and nothing artificial, simply pure satisfaction. Take a few moments to make Whey Gourmet part of your day and enjoy the best taste experience you'll ever find in a protein shake.



CHOCOLATE FLAVOUR	
Nutrition Facts	
Valeur nutritive	
Per Scoop (30 g) / par mesure (30 g)	
Amount per serving	% Daily Value
Teneur par portion	% Valeur quotidienne
Calories / Calories 120 (510 kJ)	
Fat / Lipides 2 g	3 %
Saturated / saturés 0.5 g	3 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol 35 mg	12 %
Sodium / Sodium 140 mg	6 %
Potassium / Potassium 200 mg	6 %
Carbohydrate / Glucides 5 g	2 %
Fibre / Fibres 1 g	3 %
Sugars / Sucres 3.5 g	
Protein / Protéines 20 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	20 %
Iron / Fer	4 %

HOW TO ENJOY: Mix, blend or shake 1 scoop (30 g) per 150-175 mL (5-6 fl. oz.) of water or milk. Enjoy any time you need a boost of protein energy, day or night.

INGREDIENTS: 3 MICRO AND ULTRA FILTERED WHEY PROTEIN ISOLATES AND CONCENTRATES, NATURAL FLAVOURS & FLAVOUR ENHANCERS (ORGANIC CANE JUICE SOLIDS, COCOA, POTASSIUM CITRATE, SEA SALT), NATURAL THICKENERS (INULIN FROM CHICORY, GUAR GUM, LECITHIN), PURIFIED STEVIA LEAF EXTRACT, LACTASE (LACTOSE REDUCING ENZYME), NO ARTIFICIAL FLAVOURS, SWEETENERS OR COLOURS. PROPORTIONS INDICATED ARE SUBJECT TO CHANGE.

- Mixes easily, no blender required. Just shake it up with cold water and enjoy!
- Whey Gourmet is made with a blend of whey protein to make it rich and thick. The body feels fuller and the mind feels satisfied after drinking a Whey Gourmet shake.
- 120 satisfying calories
- Low in fat, only 2 grams per serving
- Low in carbs, only 5 grams per serving
- Provides a full serving of protein, 20 grams per serving
- Low in sodium
- High in calcium for strong bones
- Rich in amino acids, especially the branched chain amino acids (BCAAs) which help to build and repair lean muscle tissue.

Whey Gourmet® is a registered trademark, licensed exclusively. Made in Canada from domestic and imported ingredients.

Distributed By: **Fit Foods Ltd.**
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