

POST WORKOUT

TOTAL RELOAD

- Helps speed recovery
- Banned substance tested – Informed Choice certified
- Free of all artificial flavours, colours, and sweeteners
- Available size: 600 g
- Available flavour: ■ Fruit Punch



REFUELS & REPLENISHES MUSCLE TISSUE

MAXIMUM POST WORKOUT RECOVERY

PVL TOTAL RELOAD is a full-dosed post-workout recovery drink mix. With 15,000 mg of 100% free form amino acids for immediate uptake to initiate muscle recovery, TOTAL RELOAD is fortified with electrolytes, lactic acid buffers, 72 trace elements, water soluble B and C vitamins, and antioxidants. This formula will totally reload your body after intense athletic performance.

Medicinal Ingredients*

Per scoop

Vitamin C (Ascorbic Acid)	60 mg
Vitamin B6 (Pyridoxine HCL)	6 mg
Vitamin B12 (Cyanocobalamin)	3 mcg

Free Form Amino Acids 15,000 mg

Direct Recovery Amino Acids 11,000 mg	
Micronized fermented BCAAs	7,000 mg
Micronized fermented L-Leucine	3,500 mg
Micronized fermented L-Valine	1,750 mg
Micronized fermented L-Isoleucine	1,750 mg
Micronized fermented L-Glutamine	4,000 mg

Micronized Taurine 1,000 mg

Other Amino Acids 3,000 mg
L-Glycine

Other Ingredients

Glycogen Refuel Mix 15,000 mg

Vextra-Maize Plus® (waxy maize (corn) starch), glucose polymers (maltodextrin), organic cane juice solids (faster carbs)

Electrolyte Replenishment 335 mg

Calcium (Aquamin® natural calcium carbonate from seaweed – replenishes 72 naturally occurring trace minerals), Celtic Sea Salt® potassium citrate, sodium citrate, magnesium oxide

pH Alkalinizing & Lactic Acid Buffering Complex 215 mg

Tricalcium phosphate, calcium carbonate, sodium bicarbonate, calcium-5-lactate monohydrate

Power Antioxidants 52 mg

Quercetin, N-Acetyl-L-Cysteine, astaxanthin

All Natural Flavouring: Malic acid, silicon dioxide, natural flavours, red beet powder, soy lecithin, purified stevia leaf extract / Acide malique, dioxyde de silicium, arômes naturels, poudre de betterave rouge, lécithine de soya, extrait de feuilles de stévia purifié

Calories 50, Fat 0 g (0%), Carbohydrates 15 g (5%), Sugars 2 g, Sodium 75 mg (3%), Potassium 70 mg (2%), Calcium 100 mg (10%), Plus 72 Minerals/Trace Elements.% = Daily Value

■ *Fruit Punch



ALL NATURAL
NO ARTIFICIAL FLAVORS, SWEETENERS OR COLORS.



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