

# MUTANT<sup>®</sup>

Leave Humanity Behind!

AVAILABLE IN 2 SIZES:

**400** CAPSULES

**200** CAPSULES

# BCAA CAPS

## PROTEIN SYNTHESIS SUPPLEMENT

100% FREE FORM  
BCAAs IN ULTRA-FAST  
CAPSULE DELIVERY<sup>†</sup>

TOTAL BCAA FORMULA  
TO HELP DRIVE  
PROTEIN SYNTHESIS<sup>†</sup>

RESEARCH PROVEN  
INGREDIENTS TO  
CONTRIBUTE MUSCLE  
GROWTH<sup>†</sup>



FOOD SUPPLEMENT WITH AMINO ACIDS, MINERAL ELECTROLYTES AND BioPerine.<sup>®</sup>  
<sup>†</sup>BASED ON EFSA (EUROPEAN FOOD SAFETY AUTHORITY) NUTRITION & HEALTH CLAIMS.



## Nutrition Information

Serving Size: 4 Capsules Servings Per Container: 50

Typical values	Per Serve	%RI*
Magnesium	57mg	15%
<b>MUTANT BCAA CAPS (2:1:1)</b>	<b>2000mg</b>	<b>**</b>
L-Leucine	1000mg	**
L-Valine	500mg	**
L-Isoleucine	500mg	**
<b>8 Electrolyte Blend</b>	<b>131mg</b>	<b>**</b>
Magnesium Oxide, Potassium Citrate, Sodium Citrate, Tricalcium Phosphate, Calcium Lactate, Sodium Bicarbonate, Calcium Citrate, Sodium Chloride		
<b>Absorption Agent – BioPerine®</b>	<b>2.5mg</b>	<b>**</b>
(Piper nigrum)(Fruit)(98% Piperine)		

\*RI (Reference Intake)  
\*\*RI not established.

Other ingredients: vegetarian capsule (emulsifier [hypromellose]), anti-caking agent (silicon dioxide, magnesium stearate), emulsifier (microcrystalline cellulose).

Allergy advice: produced in a facility that handles ingredients from: milk, wheat, egg, peanut, soya, nut (hazelnut).

**SUGGESTED USE:** As a food supplement, take 4 capsules with 250-500 ml (~8-16 fl oz) of cold water; consume before or during exercise on training days, or throughout the day on non-training days.

†**MUTANT RESEARCH NOTES:** BCAAs are Branched-Chain Amino Acids, which are essential amino acids that help make up protein. Protein contributes to growth in muscle mass. **MUTANT BCAA CAPS** are also a source of magnesium, which contributes to normal protein synthesis. (Wester 1987; EFSA 2009).

**WARNINGS:** For use by healthy adults only. Not recommended for children or pregnant or nursing women. This product is intended to be used to supplement the diet. This product is not to be used as a substitute for a varied diet. A varied and balanced diet and healthy lifestyle are essential for good health. Do not exceed recommended daily intake. For occasional use only. Consult a physician prior to use if you have a liver or kidney disorder, or if you are taking any medication, and before starting any diet or exercise program. Do not refrigerate. Contains a silica packet for freshness – do not consume. Do not use if packaging has been tampered with. Store in a cool, dry place. **STORE OUT OF REACH OF CHILDREN.**

## BEYOND JUST NORMAL BCAAS

MUTANT® listens to you, our MUTANT Nation of loyal fans. A growing number of you have raved about our **MUTANT BCAA** powder (**MUTANT BCAA 9.7**) and many of you demanded an even more convenient delivery method – so here it is, all new **MUTANT BCAA CAPS**. Throw a bottle in your gym bag and you'll never have to worry about missing your BCAA dose when you're on the go. **MUTANT BCAA CAPS** deliver 2000mg of 100% free form BCAAs per dose in the preferred 2:1:1 ratio. Plus we've kept intact the vital mineral electrolytes and the patented absorption agent BioPerine® that we also use in our **MUTANT BCAA 9.7** powder.†

## BCAAS – THE REALLY ESSENTIAL AMINOS

BCAAs are the 3 amino acids L-Leucine, L-Isoleucine and L-Valine – they make up about 40% of the free essential amino acids in blood plasma. Branched chain amino acids (BCAA's) are so named because of their unique branched chemical structure. BCAAs are essential amino acids - the body cannot make them from other compounds, and they are integral for regulating protein synthesis. BCAAs have been investigated for their potential anti-catabolic (preventing muscle breakdown) and anabolic (muscle building) effects. BCAAs are widely regarded as a cornerstone supplement for building muscle.

## GO BEYOND

- Our formula targets the body with the preferred 2:1:1 ratio of the 3 BCAAs
- Adds a unique 8 Electrolyte Blend to help with hydration (magnesium oxide, potassium citrate, sodium citrate, tricalcium phosphate, calcium citrate, sodium bicarbonate, calcium lactate, sodium chloride)
- Fortified with BioPerine® the patented absorption agent
- Served up in ultra-fast capsule delivery



MADE IN CANADA  
DISTRIBUTED BY: FIT FOODS™ LTD.  
PORT COQUITLAM, BC CANADA V3C 6L5

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