

MUTANT

Leave Humanity Behind!

300g [10.6oz]

75 Servings
CREATINE FOOD SUPPLEMENT

CREAKONG

KONG SIZED CREATINE BLEND

MUTANT CREAKONG delivers only real creatines from the world's leading creatine sources. Creapure® creatine monohydrate is patented and widely regarded as the leader in creatine. **CREAKONG** also uses the Creapure brand of Tri-Creatine Citrate, and a patented magnesium-chelated creatine – Creatine MagnaPower.® **CREAKONG** – real creatines only & zero fillers – get real and show your muscles you mean business!

Nutrition Information

Servings Size: 1 scoop (4g) Servings Per Container: 75

Typical Values	Per 4g	Per 100g
CREAKONG Creatine Blend	4g	100g
Creatine Monohydrate, Creatine-Magnesium Chelate, Tri-Creatine Citrate		
[Creapure® is a registered trademark of Alzchem.		
Creatine MagnaPower® (US Patent # 6,114,379) is a registered trademark of Albion Laboratories, Inc.]		

FOOD ALLERGEN WARNING: Produced in a facility that also handles ingredients from: wheat, barley & oat (gluten sources), crustacean shellfish (source of glucosamine), corn, egg, peanut, soybean, milk, nuts (including coconut and hazelnut), celery, sesame seed, contains less than 10ppm sulfites.

RECOMMENDED USE: As a food supplement for adults performing high intensity exercise, take one full scoop (4g) 20–30 minutes before workout with at least 250–375 mL (8–12 fl. oz.) of water.

†**MUTANT RESEARCH NOTES:** Creatine increases physical performance in successive bursts of short-term, high intensity exercise. Beneficial effect is obtained with a daily intake of 3g of creatine. (EFSA 2012).

WARNINGS: Read the entire label before use and follow directions carefully; this product may not be right for you. **STORE OUT OF REACH OF YOUNG CHILDREN.** For adult use only. Not recommended for children or pregnant or nursing women. Food supplements are intended to supplement the diet and should not be used as a substitute for a varied diet. A varied and balanced diet and healthy lifestyle are essential for good health. Do not exceed recommended serving. Use only as directed at your own risk. Consult a health care practitioner prior to use if you have a kidney disorder. For occasional use only. Do not use this product for longer than 8 weeks in a row at one time, and if so make sure that usage is followed by a 4 week off-period. Consult your physician prior to use if you are taking any medication. Consult a physician before starting any diet or exercise program. **DO NOT USE IF PACKAGING HAS BEEN TAMPERED WITH. STORE IN A COOL, DRY PLACE.**



NPN 80047721

- **FOR HIGH INTENSITY EXERCISE†**
- **INCREASES PERFORMANCE†**
- **NO FILLERS**



MADE IN CANADA
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